

PHONE MEETINGS

AA Meetings				
Meeting	Day	Time	Phone Number	Access Code
Holiday Group	On Holidays Only	11 am EST	712-432-3900	283535#
Sober Voices	Every day	Noon EST	712-432-0075	654443#
The First 164	Monday	Noon EST	712-432-0375	259095#
One Day at a Time	Every day	1 pm EST	626-277-3000	980766#
A Way of Life	Thursday	2 pm EST	605-475-6767	7332415#
The Fourth Dimension	Sunday, Tuesday, Thursday	3 pm EST	559-726-1200	405008#
Rule 62 Big Book Study	Monday-Friday	6 pm EST	712-432-3900	494179#
Grateful Alcoholics	Friday	8pm EST	559-726-1200	454941#
Sober Voices	Every day	10 pm EST	712-432-0075	654443#

AA Main Number: 414-771-9119

NA Main Number: 414-390-5389

CA Main Number: 414-259-0640

CA WI Area Number: 414-445-LIFE (5433)

Cope Line: 262-377-2673

24-hour helpline to provide emotional support and crisis intervention.

Crisis Text Line: Text "go" to 741741

24-hour text-line to provide emotional support and crisis intervention

Parent Help/Stress Line: 414-671-0566

Available every day from 8 am-10 pm to offer support, provide education, or schedule classes