

# Narcotics Anonymous Teleconference Meeting Schedule – NAByPhone.com

## Monday

What A Way to Start A Day, 1Hr. 712 432-0075, 299757#	E-7:30a C-6:30a	M-5:30a P-4:30a
Spirit of Gratitude, 1Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
One Primary Purpose, 1.25Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
Recovery at Noon, 1.5Hr 267 507-0420, 6213845#	E-12:00N C-11:00a	M-10:00a P-9:00a
Recovery Continues, 1.5Hr 641 715-3605, 343267#	E-7:00p C-6:00p	M-5:00p P-4:00p
Historical Significance, 1.5Hr 605 562-3140, 942839#	E-9:00p C-8:00p	M-7:00p P-6:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-10:00p C-9:00p	M-8:00p P-7:00p

## Tuesday

What A Way to Start A Day, 1Hr. 712 432-0075, 299757#	E-7:30a C-6:30a	M-5:30a P-4:30a
Spirit of Gratitude, 1Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
One Primary Purpose, 1.25Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
We Return Home, 1.5Hr 415-464-6800, 2221085#	E-1:00p C-12:00N	M-11:00a P-10:00a
More Will Be Revealed, 1.5Hr 605 562-3140, 942839#	E-5:00p C-4:00p	M-3:00p P-2:00p
Recovery on the Go, 1.5Hr 712 775-7031, 907811#	E-7:00p C-6:00p	M-5:00p P-4:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-9:00p C-8:00p	M-7:00p P-6:00p

Tuesday Living Clean, 1.5Hr 712 432-0075, 882851#	E-11:00p C-10:00p	M-9:00p P-8:00p
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## Wednesday

What A Way to Start A Day, 1Hr. 712 432-0075, 299757#	E-7:30a C-6:30a	M-5:30a P-4:30a
Spirit of Gratitude, 1Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
One Primary Purpose, 1.25Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
Recovery at Noon, 1.5Hr 267 507-0420, 6213845#	E-12:00N C-11:00a	M-10:00a P-9:00a
More Will Be Revealed, 1.5Hr 605 562-3140, 942839#	E-5:00p C-4:00p	M-3:00p P-2:00p
Recovery on the Go, 1.5Hr 712 775-7031, 907811#	E-7:00p C-6:00p	M-5:00p P-4:00p
Loving Our Long-Timers, 1.5Hr 605 562-3140, 108786#	E-8:00p C-7:00p	M-6:00p P-5:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-9:00p C-8:00p	M-7:00p P-6:00p
Recovery Continues, 1.5Hr 641 715-3605, 343267#	E-10:30p C-9:30p	M-8:30p P-7:30p

## Thursday

What A Way to Start A Day, 1Hr. 712 432-0075, 299757#	E-7:30a C-6:30a	M-5:30a P-4:30a
Spirit of Gratitude, 1Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
One Primary Purpose, 1.25Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
Recovery at Noon, 1.5Hr 267 507-0420, 6213845#	E-12:00N C-11:00a	M-10:00a P-9:00a

More Will Be Revealed, 1.5Hr 605 562-3140, 942839#	E-5:00p C-4:00p	M-3:00p P-2:00p
Men's Talk, 1.5Hr 605 475-3250, 817115#	E-7:00p C-6:00p	M-5:00p P-4:00p
Women Do Recover, 1.5Hr 267 507-0420, 4201159#	E-7:00p C-6:00p	M-5:00p P-4:00p
Each One Teach One, 1.5Hr 712 775-7035, 895350#	E-9:00p C-8:00p	M-7:00p P-6:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-10:00p C-9:00p	M-8:00p P-7:00p
Recovery 911, 1.5Hr 641 715-3605, 845687#	E-12:00M C-11:00p	M-10:00p P-9:00p

## Friday

What A Way to Start A Day, 1Hr. 712 432-0075, 299757#	E-7:30a C-6:30a	M-5:30a P-4:30a
Spirit of Gratitude, 1Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
One Primary Purpose, 1.25Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
Recovery at Noon, 1.5Hr 267 507-0420, 6213845#	E-12:00N C-11:00a	M-10:00a P-9:00a
Recovery on the Go, 1.5Hr 712 775-7031, 907811#	E-7:00p C-6:00p	M-5:00p P-4:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-11:00p C-10:00p	M-9:00p P-8:00p
24 Hour Reprieve, 1Hr 712 432-0075, 793893#	E-12:30a C-11:30p	M-10:30p P-9:30p

## Saturday

Spirit of Gratitude, SS 1.5Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a

## Saturday

One Primary Purpose, 1.5Hr 712 432-0075, 571968#	E-10:30a C-9:30a	M-8:30a P-7:30a
Recovery at Noon, 1.5Hr 267 507-0420, 6213845#	E-12:00N C-11:00a	M-10:00a P-9:00a
Illness in Recovery, 1.5Hr 641 715-3660, 474793#	E-3:00p C-2:00p	M-1:00p P-12:00N
Stepping Up In Recovery, 1.5Hr 605 562-3140, 182862#	E-5:00p C-4:00p	M-3:00p P-2:00p
Recovery Continues, 1.5Hr 641 715-3605, 343267#	E-8:00p C-7:00p	M-6:00p P-5:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-11:00p C-10:00p	M-9:00p P-8:00p
Recovery 911, 1.5Hr 641 715-3605, 845687#	E-12:00M C-11:00p	M-10:00p P-9:00p

## Sunday

Spirit of Gratitude, 1.5Hr 641 715-3655, 848885#	E-8:40am C-7:40a	M-6:40a P-5:40a
Spirit of Gratitude Revised, 1Hr 641 715-3610, 890926#	E-8:40am C-7:40a	M-6:40a P-5:40a
Recovery Continues, 1.5Hr 641 715-3605, 343267#	E-11:00a C-10:00a	M-9:00a P-8:00a
One Primary Purpose, 1.5Hr 712 432-0075, 571968#	E-2:00p C-1:00p	M-12:00N P-11:00a
We Return Home, 1.5Hr 415-464-6800, 2221085#	E-5:00p C-4:00p	M-3:00p P-2:00p
Recovery on the Go, 1.5Hr 712 775-7031, 907811#	E-7:00p C-6:00p	M-5:00p P-4:00p
The Bridge, 1Hr 712 832-8320, 387870#	E-8:00p C-7:00p	M-6:00p P-5:00p
We Do Recover, 1.5Hr 712 432-0075, 882851#	E-10:00p C-9:00p	M-8:00p P-7:00p

## 24 Hrs. A Day - Recorded

What A Way to Start A Day 1Hr. 712 432-1085, 299757#
Spirit of Gratitude 641 715-3658, 848885#
Spirit of Gratitude Revised 641 715-3609, 890926#
One Primary Purpose 1Hr. 712 432-1085, 571968#
Loving Our Long-Timers 1 Hr. 605 562-3149, 108786#
Recovery 911 1.5Hr. 641 715-3598, 845687#

### How Teleconference Phone Meetings Work:

These are long distance calls to landlines so check with your service provider about charges. Dial number, when asked, enter access code & pound (#) symbol. You are in the meeting. Press star (\*) and then 6 to mute and unmute your phone. When muted you hear us but we don't hear you. Stay muted except to share or read. The Chairperson will give you any further instructions. For more information go to **NAByPhone.com**.


  
**Narcotics**  
**Anonymous Phone**

**NAByPhone.com** and **Loving Our Long-Timers** are sponsored by **Historical Significance**. **Historical Significance** gratefully accepts 7th Tradition donations by PayPal or check to support **NAByPhone.com**. We welcome any Narcotics Anonymous web site to link with **NAByPhone.com** to include up-to-date teleconference meeting info for your site.



**NAByPhone.com**

Originally started in 2008 as outreach to carry NA meetings to a hospitalized member in FL, teleconference meetings have grown to meet the needs of many members. The diversity of our membership is represented by home-bound and hospitalized members including older members who can no longer get out, over the road professional drivers, parents staying home with children, geographically challenged members, victims of bad storms who swell our meetings for a few days until the weather clears, members of smaller communities who are seeking more anonymity for gut-level sharing and those who are simply seeking multiple flavors of recovery. Teleconference NA meetings are a wonderful addition to a well-rounded recovery platform and can serve as life-saving outreach. However, they are not a replacement for face-to-face meeting attendance. Attend your local NA. Give Hugs!