



***You and a guest are invited to Meta Moments-
Surviving Trauma, Healing Addiction***

Verbal Attacks. Physical Violence. Sexual Assault. Suffering from any one of these experiences as a child can leave emotional scars that linger long after a little girl becomes a woman. They show up in the form of anxiety, depression, nightmares and/or Post Traumatic Stress Disorder (PTSD). Statistics show that the majority of women who seek substance abuse treatment turn to alcohol and drugs to numb emotional pain.

Creating a safe place where women and their children can confront trauma is one of the things that make treatment at Meta House unique. At *Surviving Trauma, Healing Addiction*, find out how Meta House is addressing the link between trauma and addiction and hear from a woman who has benefited from the program.

Thursday, June 17, 2010

12:00-1:00 PM

Meta House Residential Facility

2626 N. Bremen Street in Riverwest, Milwaukee

This casual event is free and open to the public. An RSVP is appreciated as there will be a lunch provided, call 414-977-5807. Walk-ins welcome.

Meta House helps women struggling with drug and alcohol addiction reclaim their lives and rebuild their families.